



LEARN TO ASSIST A TRAUMATIZED PERSON SOON AFTER A CRITICAL INCIDENT.

*CRITICAL INCIDENT STRESS INTEGRATION & SUPPORT (CRISIS) IS A PSYCHOSOCIAL, SYSTEMATIC AND INTEGRATIVE SYSTEM FOR SUPPORTING THOSE WHO HAVE BEEN ADVERSELY AFFECTED OR OVERWHELMED BY A "CRITICAL INCIDENT". THIS WORKSHOP WAS DEVELOPED FOR FIRE FIGHTERS IN THE UK, WHO HELP TRAUMATIZED PEOPLE **AND EACH OTHER** ON A DAILY BASIS WITH THIS.*

THE BASICS OF GROUP DEBRIEFING WILL BE INCLUDED

*IN THIS WORKSHOP YOU WILL BE EQUIPPED TO FACILITATE A PERSON SOON AFTER THE CRITICAL INCIDENT TO RELEASE EMOTIONAL CHARGE DUE TO THE INCIDENT. THIS WORKSHOP WILL PROVIDE A **HANDY TOOL FOR ANY FIRST RESPONDERS** – POLICE, PARAMEDICS, FIRE FIGHTERS, RESCUERS, CHAPLAINS, PASTORS AND COUNSELLORS AND MANY MORE. ALSO HELPFUL FOR PEERS TO ASSIST EACH OTHER AS COLLEAGUES AFTER THEY HAVE RESPONDED TO A CRITICAL INCIDENT.*

WORKSHOP INFORMATION:

VENUE: ON-LINE DATES: 6-7 MAY; 14-15 OCT

COST: R3 600 (R300 DISCOUNT IF PAID MORE THAN 14 DAYS BEFORE THE WORKSHOP)

**CPD POINTS: SACSSP 12 CPSC 8(E2) CPD'S VBO 12
ASCHP 12 SACSSP 12 (1 ETHICS)**

REGISTRATION: LOUIS HOUGH AT HOUGHLOUIS@GMAIL.COM 082-772 5559

